Emergency Hotlines

There are numerous hotlines available if you find yourself in need of talking to someone anonymously.

**Samaritans:** 24 hour Crisis Intervention/Suicide Hotline
Boston: 617-247-0220
Suburban West: 508-875-4500

**Boston Rape Crisis Hotline:** Cambridge MA: 1-800-841-8371

**Dept. of Social Services Child at risk Hotline:** 1-800-792-5200

**Fenway Com. Health Lesbian, Gay, Bisexual & Transgender Helpline:** 617-267-9001

**Abused Women & Children Hotline:** 1-978-744-6841

**MA Substance Abuse Info & Educ. Helpline:** 1-800-327-5050

**Parental Stress Hotline:** 1-800-632-8188

Feeling down, anxious, or overwhelmed? Just need someone to talk to? Help is only a phone call away.
Debbie Quinn, Director, Student Advisory & Health Administration Office: 617-636-2700, Debbie.Quinn@tufts.edu

Ms. Quinn provides confidential short-term counseling/advice regarding personal issues, school adjustment issues, anxiety, stress management, and study skills. She maintains an extensive network of off-campus providers for referrals for therapy and psychiatric care and assists students in finding providers by specialty and location.

Ms. Quinn is available weekdays from 9 a.m. to 5 p.m. for appointments or drop-ins.

In addition, Dr. John V. Pruitt, MD, the health sciences consulting psychiatrist, is available. Phone: 617-357-5542. Location: 294 Washington Street, Suite 352, Boston. Dr. Pruitt provides back-up support when Ms. Quinn is away.

The University Chaplain, Reverend Gregory McGonigle, is available to the Tufts University community as a resource. Phone: 617-627-3427 E-mail: Gregory.McGonigle@tufts.edu. Website: www.tufts.edu/chaplaincy for info about other chaplains/services.

Debbie Quinn is available to assist students in finding a mental health provider by specialty and location.

Students enrolled in the student health insurance plan have unlimited mental health visits with a $15 co-payment. Mental health providers for the student plan are through United Behavioral Health and administered through StudentResources.

If enrolled in the student health insurance plan, you can access counseling services (24/7) for stressful or emotional issues. The toll-free number is listed on the front of your Insurance ID card under Collegiate Assistance Program (CAP). The line is staffed by master’s level licensed clinicians.

Students who waived the student health insurance plan should contact the Customer Services Department of their insurance company for assistance in finding a provider in the Boston area. Most plans also have an internet site which can be searched for mental health clinicians by specialty and location. Debbie Quinn can also assist in finding a mental health provider.

After Hours Crisis Contact

In a crisis situation that is not a medical or psychiatric emergency, students may call Campus Police at 617-636-6911 or 6-6911 if using a campus phone. Campus Police maintains a list of after hour phone numbers and can relay a student’s name, phone number, location and a brief summary of the crisis to an appropriate student affairs staff member.

Medical Emergencies

Off Campus: In the event of a medical emergency, students should go to the nearest hospital emergency room. If unable to transport yourself, call 911 for assistance.

On Campus: In the event of a medical emergency on campus, students should call Campus Police at 617-636-6911 (6-6911 if using a campus phone) or go directly to Tufts Medical Center’s Emergency Room. (In urgent situations call the Tufts Police Business number: 617-636-6610)

Tufts Campus Police
M&V 1
136 Harrison Ave, Boston, MA 02111
Business: 617-636-6610