Controlled Substances and their Alternatives for Pain: Inter-Professional Context and Controversies

An academic forum promoting interaction across medical specialties
Office of Continuing Education, 14th Floor
Tufts School of Dental Medicine
1 Kneeland Street Boston, Massachusetts

Saturday
June 7, 2014 8:00AM-5:45PM
Registration 7:15AM

While evidence-based practice guidelines typically support interdisciplinary approaches for the most complex pain patients, clinician time constraints, patient demand for better access, and possible influence from industry can result in the use of more narrowly focused pharmaceutical management approaches. In some cases, these approaches involve chronic opioid management for treatment resistant pain conditions, with one investigation showing that 83% of New England primary care physicians maintain some patients in their practice on chronic opioid therapy. Conversely, primary care physicians and dentists have been cited as the subspecialty groups who provide the most opioids. In response to risk factors represented within this population, medical and dental boards in New England have adopted policies that reinforce established practice guidelines. Nonetheless, adherence to a best practice approach likely remains poor, e.g., a review of practices from a similar state revealed 100% non-compliance with respect to a legally mandated chronic opioid therapy guideline.

Target Audience: Internal Medicine/Primary Care, Pain Medicine, Dentistry and related subspecialties.

Learning Objectives:
1. Identify risk factors associated with the initiation or maintenance of opioid therapy
2. Provide decision-making strategies that consider non-opioid pharmacologic and non-pharmacologic strategies for the management of pain
3. Apply evidence-based strategies for managing the complex patient, including formulation of the treatment plan and termination of opioid therapy
4. Employ strategies that integrate care across disciplines
5. Explain the limitations of risk-stratification screening, and the necessity of relying on multiple sources of information for clinical decision-making
6. Create individualized care for special populations including patients requiring palliative care
**Program Agenda**

**Morning Session: Inter-Professional Forum**
8:15-10:45 AM

Introductions and Commentary:
Ronald J. Kulich, PhD & Zahid Bajwa, MD

Treating pain in the “accountable care” era – Implications for the clinician
Daniel B. Carr, MD, FABPM
Tufts School of Medicine

 Pearls from addiction medicine for clinicians treating pain
Mark Green, MD
Addiction Medicine

Adjuvants old and new: Non-opioid pharmacotherapy
Zahid Bajwa, MD
Tufts School of Medicine/Boston Pain Care Center

Opioid therapy across disciplines: Managing the orofacial pain patient
David A. Keith, BDS, DMD, FDSRCS
Massachusetts General Hospital/Harvard School of Dental Medicine

Controlled substances: Assessing the spectrum of risks to patient, prescriber and community
Ronald J. Kulich, PhD
Tufts School of Dental Medicine/Harvard Medical School
Thomas A. Shannon
Detective, Lieutenant, Massachusetts State Police, Retired

10:45 - 12:00 PM Exhibits

12:00 – 1:45 PM
Luncheon, Keynote Presentations and Discussants
Preparing for Healthcare Reform: Pain and Access to Care Across Disciplines
Daniel B. Carr, MD, FABPM
Tufts School of Medicine
Deni Carise, PhD
Deputy Chief Clinical Officer, CRC Health Group.
Discussants:
Huw F. Thomas, B.D.S., M.S., Ph.D.
Dean, Tufts School of Dental Medicine
Gary C Hatton, CFA
Managing Partner, CIO Granahan Investment Management
### Inter-professional Forum Parallel Subspecialty Break-Out Sessions

**2:00 - 3:30PM**

#### Complex Case Review: Dentistry and Opioid Prescribing
Noshir Mehta, DMD, MDS, MS, FICD, FACD  
Tufts School of Dental Medicine, Workshop Chair

Steven J. Scrivani, DDS, DMedSc  
Massachusetts General Hospital/Harvard Dental School

Nicole Holland, DDS  
Tufts School of Dental Medicine

#### Complex Case Review: Primary Care
Libby Bradshaw DO, MS  
Tufts School of Medicine, Workshop Chair

David DiBenedetto, MD  
Boston Pain Care Center

Mihir Kamdar MD  
Massachusetts General Hospital/Harvard Medical School

Michael Bierer, MD, MPH  
Massachusetts General Hospital/Harvard Medical School

#### Innovations in Pain Medicine
Robert Jamison, PhD  
Brigham and Women’s Hospital, Harvard Medical School, Workshop Chair

Gary Horowitz, MD  
Beth Israel Deaconess Hospital/Harvard Medicine School

**3:30 – 4:30 PM Exhibits**

**4:30-5:45 PM  Roundtable Academic Presentations:**

**Inter-professional training within Interdisciplinary Societies**

**Speakers/Discussants:**
Carol Warfield, MD  
Beth Israel Deaconess Hospital/ Harvard Medical School

Daniel B. Carr, MD, MA  
Tufts School of Medicine

David A. Keith, BDS, DMD, FDSRSC  
Massachusetts General Hospital/Harvard Dental School

Robin Hoyle, JD, New England Pain Society

**Educational Format:** Lectures are conducted by recognized experts in the field with small group-based discussions jointly chaired by experts and clinicians in general practice. Participating experts include specialists in pain medicine, palliative care, internal medicine, addiction medicine, and the behavioral sciences.

At the end of each didactic presentation, clinical case vignettes are introduced, with a series of questions presented to the participants. Upon completion of didactic presentations and case vignettes, participants break into small clinical case discussion groups led by specialists in pain medicine and related fields, with a panel discussion concluding the program.
**ACCME Accreditation Statement**
The Tufts School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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This activity meets the criteria for 4.5 hours of Risk Management credits, a total of .5 hours of Pain Management credits and Palliative Care credits. These credits were determined based on criteria outlined by the Massachusetts Board of Registration in Medicine and Dentistry. Please check with your individual state licensing board requirements before claiming risk management, pain management or palliative care credits.

**Requirements for Successful Completion**
To receive CE credit, participants must sign-in, attend the entire activity and complete and submit the activity evaluation provided in syllabus materials.

**ACGME Competencies:** The activity has been designed to enhance patient care, medical knowledge, practice based learning, and improvement, professionalism, and systems-based practice

**Commercial Support Disclosure:** Information on commercial supporters and exhibitors will be made available in syllabus materials.

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For questions regarding AMA certification, please contact Tufts University School of Medicine- Office of Continuing Education at med-occ@tufts.edu or 617-636-6579.
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Professor, Tufts School of Medicine/Tufts Medical School/Lecturer, Harvard Medical School
Zahid H. Bajwa, MD, Program Co-Course Director
Tufts School of Medicine/Boston Pain Care Center
Libby Bradshaw, DO, MS, Assistant Professor of Public Health and Community Medicine, Academic Director, MS PREP Program, Tufts School of Medicine
Daniel B. Carr, MD, FABPM Professor of Public Health and Community Medicine, Tufts School of Medicine
Program Director, Pain, Research Education & Policy
Steven J. Scrivani, BSc., DDS, DMedSc. Harvard School of Dental Medicine/Massachusetts General Hospital
Jordan Backstrom, MDiv, MA, Course Coordinator
Massachusetts School of Professional Psychology/Tufts School of Dental Medicine/Massachusetts General Hospital-Research Asst.

Please mail checks to
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You also are encouraged to confirm your place by email: ronald.kulich@tufts.edu

Registration
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Inter-Professional Context and Controversies
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Conference Location:
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1 Kneeland Street Boston, Massachusetts, 02111

Name: ___________________________________________
Specialty/Subspecialty ______________________________
Address __________________________________________
_________________________________________________
City/ State/ Zip ___________________________________
Telephone Fax ________________________________ email
_________________________________________________

Registration Fee $100.00
Registration for Fellows/Residents: No Charge

Please call/fax or email to reserve your place as soon as possible.