

Health Insurance Requirements

Matriculated students enrolled in the Tufts University School of Medicine are required by the Commonwealth of Massachusetts and Tufts University Health Sciences Schools to obtain health insurance.

Tufts University offers all Health Sciences students a comprehensive health insurance plan which meets the State and University requirements. For information about the current insurance plan, visit <http://medicine.tufts.edu/saha>. Students may either enroll in the health insurance plan offered by Tufts University or maintain private coverage as long as it meets or exceeds the minimum State requirements set forth by the Commonwealth of Massachusetts. To determine if your coverage meets the minimum state requirements see section 8.05 of the [Student Health Insurance Program Regulation \(SHIP\)](#). Your policy must meet the following under the Student Health Insurance Program Regulation:

- Be underwritten by a United States based company
- Provide mental health care benefits in the Massachusetts area
- Provide preventive; primary care; and ambulatory patient services in the Massachusetts area
- Provide emergency care benefits in the Massachusetts area
- Cover inpatient hospitalization and both inpatient and outpatient surgical services within the Massachusetts area

Be aware, if you plan to enroll in private coverage, that the enrollment process can take several weeks or months and your policy may not take effect immediately. Therefore, we recommend that you begin researching and applying for coverage as soon as possible. In order to waive the student plan, your coverage must be effective by your first day of orientation at Tufts University. You will need your policy information in order to complete the waiver.

Accepted students will receive an email with detailed information regarding the health insurance requirements, plan details, and the deadline date to enroll or waive the school plan. **Students will not be registered or be able to attend classes if you are not in compliance with State and University health insurance requirements.**

Questions:

If you have questions please call The Student Advisory & Health Administration Office at 617-636-2701 or 617-636-2700, email: Cynthia.Linton@tufts.edu or Jessica.McLaughlin@tufts.edu, or visit our website at <http://medicine.tufts.edu/saha>. Our office hours are Monday through Friday, 9:00 a.m. to 5:00 p.m.