



The One-Minute Observation

How to conduct a brief observation of a learner performing a specific clinical skill

- Explain the purpose of the observation to the learner
- Explain how the observation will occur
- Select one skill for the observation
- Inform the patient of your plan and purpose
- Observe for a brief period of time without interrupting
- Leave the room and have the learner join you when finished with the patient
- Provide immediate feedback
- Use the information gained about the learner to plan your teaching
- Repeat the process, observing other skills

Reference

Alguire, P., DeWitt, D., Pinsky, L., and Ferenchick, G. (2008). *Teaching in your Office. A Guide to Instructing Medical Students and Residents*. (2nd ed). Philadelphia, PA: ACP Press.